

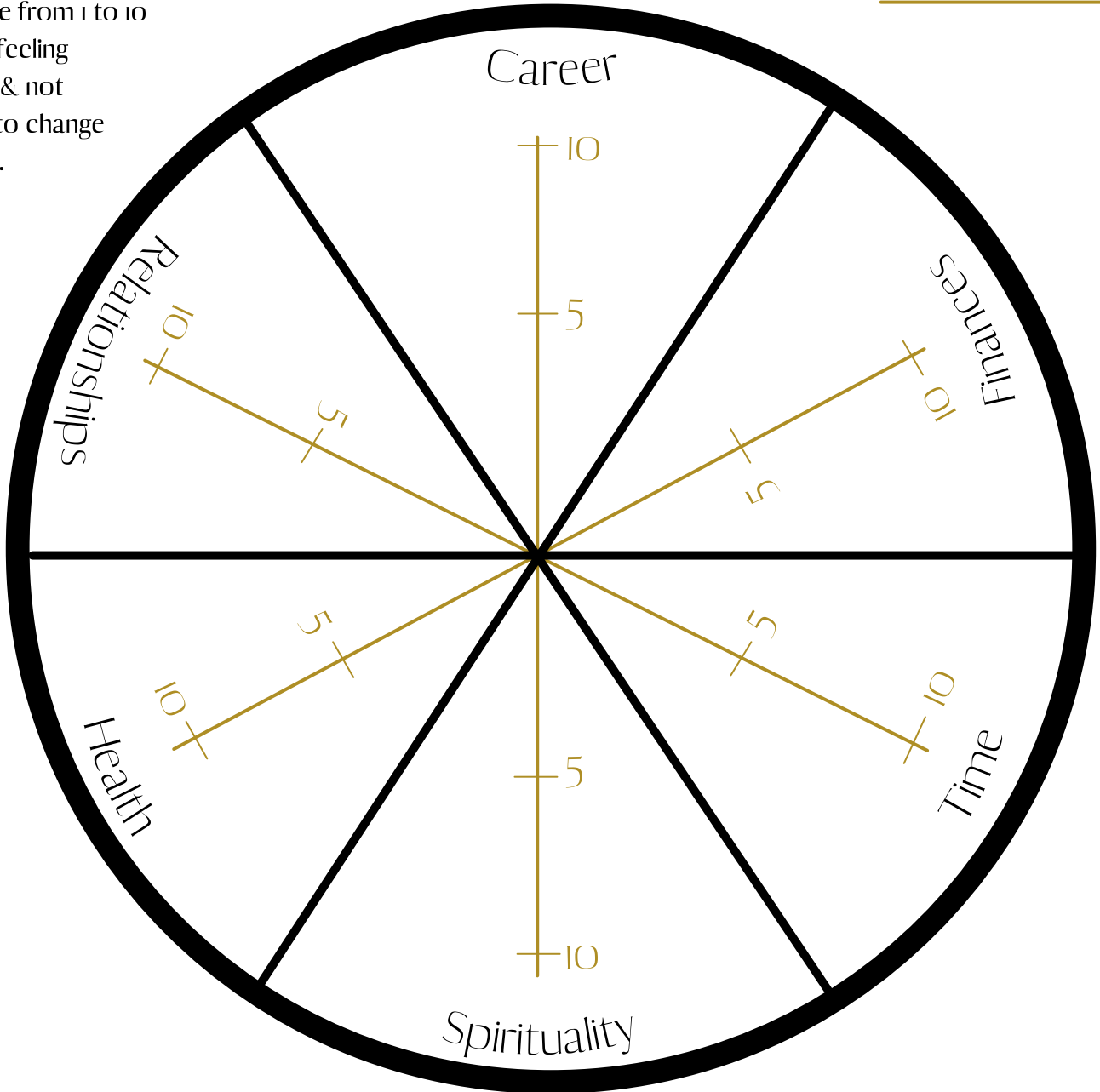
career change

PODCAST

Episode #27 notes: Life Wheel

Date: _____

1. Rate each area below on a scale from 1 to 10 (10 - you feeling satisfied & not wanting to change anything).



2. List all 6 areas below and jot down why you assigned this rating.



Episode #27 notes: Life Wheel

2. List all 6 areas below and jot down why you assigned this rating (contd.)

3. What would a 10 in each area look and feel like?

4. What can you do TODAY to get closer to 10 in each area?

